

Egg Tacos



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ingredients

6 eggs
6 whole-grain tortillas
1 15-oz can of black or pinto beans
1/2 onion chopped
1/4 cup salsa, plus more for serving
1 teaspoon taco seasoning

directions

In a non-stick skillet, heat oil over medium heat. Add onions and cook until softened and translucent.

In a bowl, whisk together eggs and taco seasoning. Add eggs and salsa to skillet, and cook until eggs are set.

In a separate saucepan, heat beans in their liquid until simmering.

Divide eggs and beans evenly among tortillas.

notes

Top with your favorite taco seasonings and toppings!

SPFC

ST. PETE FREE CLINIC

SERVE PEOPLE. FEED COMPASSION.